# COVID 19 SOP for UCSI University/ College

## 9 Sept 2022

### **Introduction**

<u>Malaysia's Prime Minister Ismail Sabri Yaakob</u> announced that Malaysia has began its transition to the endemic phase since 1 April 2022, with a national strategy named #ReopeningSafely.

Mr. Khairy Jamaluddin, the Health Minister, has announced the guidelines for face mask SOP starting 7 September 2022.

# Procedures for Staff / Students Getting into the Campus

- 1. You are required to download the MySejahtera App.
- 2. You are required to update your Health Status in the MySejahtera App if you are having symptoms, have a history of travelling abroad, have relations or close contact with a Covid-19 positive patient.
- 3. The Health Minister on Wednesday (Sept 7) announced that effective immediately, the use of face masks would only be compulsory when using public transportation on buses, trains, planes taxis, e-hailing vehicles as well as at hospitals and medical institutions.
- 4. The use of face mask indoors is <u>encouraged</u> as it is proven to reduce the spread of COVID-19 infection.
- 5. You are to practise personal hand hygiene, and coughing and sneezing etiquette at all times while on Campus.
- 6. Physical distancing is encouraged when you are not wearing mask.
- 7. Sanitise your hands prior proceeding into any office.

### **SOP for University/College**

- 1. Staff and Students who are not well (i.e., common cold, symptoms of cough, sore throat shortness of breath) should notify their HODs/HOS, Administrative Directors or DVCs/Deans/Academic Directors. Staff and Students are required to do the RTK (Ag) test and if it is positive to seek medical attention and stay at home.
- Covid 19 positive cases have the option to end the quarantine earlier if their supervised RTK-Ag test results on Day 4 is negative. This test can be done at the nearest health facility.

Lakukan ujian saringan COVID-19 kendiri jika alami simptom seperti selsema, batuk, demam dan lain-lain.

> Do the covid test if you are close contact or If you have symptoms like fever, cough, flu and others.

REPORT Laporkan keputusan saringan di aplikasi

MySejahtera.

TRIIS

Update your results in your

Mysejatera.

#### ISOLATE

Lakukan kuarantin kendiri jika keputusan saringan positif. Patuhi perintah HSO yang ditetapkan oleh KKM.

> Quarantine yourself If you are Positive and follow the guidelines given by KKM.

#### INFORM

Maklumkan kepada kontak rapat jika keputusan saringan positif. Maklumkan kepada pihak berwajib/CAC jika situasi kesihatan merosot.

> Inform all your close contacts and reach out to CAC / necessary authorities if your health declines.

Dapatkan rawatan segera di pusat perubatan/CAC jika alami kesukaran bernafas & suhu badan amat tinggi.

SEEK

Get medical treatment if you have difficulty in breathing and if you have high fever.

### **ISOLATION GUIDELINES**

#### ISOLATION PERIOD FOR COVID 19 PATIENT AND CLOSE CONTACT PERSON.

**<u>NOTE</u>**: Staff and Students must update their MySejatera App Status.

MANAGEMENT PROCEDURE FOR CLOSE CONTACTS TO COVID-19 CASES ACCORDING TO COVID-19 VACCINATION STATUS



Effective 1 March 2022 CLOSE CONTACTS

Vaccination Status	Asymptomatic/ Symtomatic	Quarantine Period	Test Requirement
Boosted	Asymptomatic	No Quarantine	RTK(Ag) self-test on Day 1 and Day 3
	Symptomatic	5 days	RTK (Ag) on Day 5. Release on Day 5 if negative
Fully Vaccinated	Asymptomatic or Symptomatic	5 days	RTK (Ag) on Day 5. Release on Day 5 if negative
Partially Vaccinated OR Unvaccinated	Asymptomatic or Symptomatic	7 days	RTK (Ag) on Day 7. Release on Day 7 if negative

Note: Fully vaccinated close contact individuals who had a COVID-19 infection within the last 60 days does not have to quarantine



### **Category Listing**

- If you are Positive and symptomatic, you should seek medical attention at the nearest clinic, hospital or Covid19 Assessment Centre (CAC), and notify your HOD/HOS, Administrative Directors or DVC/Dean/Academic Director.
- If you are Positive, you are required be quarantine for the period of time decided by MOH / MySejahtera before returning to campus and you will need to inform all your close contacts.

### **MySejahtera Status**

#	Classification	Description	
1	Low Risk	Individuals with low risk of COVID-19 infection	
2	Casual Contact	Individuals who were likely exposed to another person infected with COVID-19	
3	Close Contact	<ol> <li>Individuals who have been exposed to other individuals infected with COVID-19. This includes:</li> <li>Healthcare associated exposure, including providing direct care for COVID-19 patients without using appropriate PPE, working with healthcare workers infected with COVID-19, visiting patients or staying in the same close environment of a COVID-19 patient</li> <li>Working together in close proximity of sharing the same classroom environment with a COVID-19 patient</li> <li>Travelling together with COVID-19 patient in any kind of conveyance</li> <li>Living in the same household as COVID-19 patient</li> </ol>	
4	Person Under Surveillance (PUS)	Individuals who are at risk of being infected with COVID-19. For example individuals with history of travelling abroad within the last 14 days	
5	Suspected Case	Individuals who are at risk of being infected with COVID-19. For example individuals with a history of traveling abroad of have attended mass gatherings	
6	Confirmed Case	Individuals tested positive for COVID-19	

### **SOP for Lecture**

• All face to face/group/group teaching and learning activities are allowed by adhering to the SOPs.

### **SOP for using University Transportation**

- For bus & transportation:
  - Wear masks at all times.
  - Practise good hand hygiene, and coughing and sneezing etiquette.
  - Disinfect (sodium hypochlorite at 0.5% or Clorox, or other recommended disinfectants) the bus with disinfectant at least once a day every evening after the last ride.

### **International travel**

1. All travelers are allowed to enter Malaysia regardless of their COVID-19 vaccination status and do not require a pre-departure or on-arrival COVID-19 test. There are no quarantine orders related to COVID-19 enforced by the Malaysian Government upon arrival.

2. Travelers can download and activate the MySejahtera application before or upon arrival in Malaysia to indicate their COVID-19 risk status while staying in Malaysia.

3. All travelers are required to go through the thermal scanner at the Points of Entry for temperature screening.

4. Those with temperatures > 37.5 C will be referred for further examination and management. Symptomatic travelers are required for a self-referral to the health screening counter/to a health facility.

### **Emergency Preparedness and Response**

- Anyone feeling ill are not to come to Campus.
- They need to immediately inform HODs/HOS, Administrative Directors, DVCs/Deans/Academic Directors and be advised to seek medical attention and adhere to doctor's instructions.
- If symptoms develop while on Campus, wear face mask and immediately notify HODs/HOS, Administrative Directors, DVCs/Deans/Academic Directors and seek medical attention.
- Staff handling suspected case on-Campus should wear face masks (Double masking recommended) and gloves. To sanitise hands thoroughly.
- First aiders to identify temporary holding area in the respective Blocks. This holding area shall be sanitised immediately.